

The only Information Source to treat your personal life in a professional way

Excellent source of imagination with many different views, people from all walks of life, can interpret & take on board.

**L.M Corkill, Wellness Team, Shell Todd Oil Services, New Plymouth.**

I am a consultant focusing on mentoring people in business. Health & Wealth, without exception, provides the right advice in every issue for my clients and myself.

**R. Harding, Silverstream, Upper Hutt.**

I always read the whole paper and love the relationship and personal development articles. Very helpful and up to date.

**Phillida Eivers, Remuera, Auckland.**

Subscribed to Health & Wealth for many years. Have retained all issues. Contains distilled, pertinent, timely information, responsibly stated.

**Harry Eyre Cohen, Reg. Psychologist, Christchurch.**

Always look forward to reading Health & Wealth. Informative, interesting, stimulating.

**H.K. Turnbull, Synergyun Ltd, Seddon.**

Investment and money columns are useful. I enjoy the articles very much.

**Graham Ross, Bulls.**

Succinct, topical, timely. Excellent prompts for action.

**N Dunton, Health-Med Group, Tauranga.**

Full of good tips for a better life. Motivates and focuses me on the positive aspects of living. Good reporting.

**Andrew Priest, Hikurangi.**

There is always something positive, Health and Wealth wise.

**T.J. Blok, Katikati.**

*Focusing your energy and effort on the things that matter most in your life*

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To get maximum benefit from Executive Health & Wealth, The Main Report Editors strongly recommend the Report be distributed among key employees and available to be read either in the office or at home with family and friends.

Educational, informative, concise. Light bed time reading, unlike other material full of jargon and heavy material.

**Kevin Ong, Niro NZ Ltd, Auckland.**

Your advice on family matters, health and sex are greatly appreciated.

Feeling the better for it.  
**J.F. Schot, Auckland.**

My wife and I learned a lot about the benefits of exercise and a healthy diet. Thank you.

**Graham Kirke, Cave**



*"We're realising that there is more to life than a fat bank balance and a garage full of fancy cars"*

**Information and advice like this, all in the coming issues:**

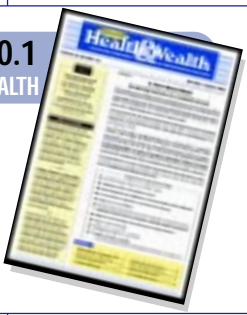
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- Learn how to avoid debt and minimise taxes.
- Use the right exercises and nutrition to live longer.
  - Know your legal rights. We offer information that could cost hundreds of dollars if you went to a lawyer.
  - Learn how to motivate and improve yourself.
  - Marriage and divorce, losing your job, - how to get the answers you need by asking the right questions.

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Concise, pertinent, timesaving and easy to read.

**Mrs C.M. O'Connor, Kaikohe.**

Interesting and Informative.

Dropped my sub for a year and missed it. Started again and find it still good.

**Rosemary Edilson, Havelock North.**

Received Health & Wealth for many years. Enjoy the cross section and receive a good deal of help and assistance from business, health and general new topics.

**H.J. Simkin, Hastings.**

Advice is helpful, especially the Health Tips. MoneyWatch: Valuable information.

**Doris Moore, Rotorua.**

Excellent publication. Keeps me up to date with many facets of "living". Read by 6 adults and sent to daughter in Brisbane for distribution to "expats" there.

**David Manson, Christchurch.**



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Great to read.  
Keeps me focussed on my plans.  
**Yolanda Boote, Nelson.**

Easy read, well set out with some excellent words of advice. Stimulating and motivational. Excellent tool. Strongly recommend it to business people.

**M.F. Maitland, Eastbourne.**

Information most interesting and helpful keeping abreast of everything. It is excellent.

**John Underwood, Roundabout Distributors Ltd, Inglewood.**

Most informative particularly when one considers the wide range of subjects Health & Wealth covers.

**Grant J. Scott, Shortford Lodge, Hastings.**

As a Chartered Accountant I find the articles interesting, informative and current. A valuable tool for one's "Health & Wealth."

**R.K. Wright, Tauranga.**

Makes me more aware of what I can do for myself. Options given so choices can be made.

**Eileen Parsons, Maungaturoto.**

HW

### IT'S SO IMPORTANT FOR YOU TO STAY INFORMED

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### THE BEST LIES AHEAD

If you're like me, you're looking forward to the rest of your life - because we know the best is yet ahead. Some researchers have labelled the new middle age as being from ages 45 to 65.

As the baby-boom generation move into the next era (someone turns 50 every 7 seconds) there will be even more of a demand and more competition for the good life. And for many of us, this next season of our lives will be our best ever - and it could be for you too, if you are prepared!

...continued over page

A great help in reminders of Health problems and Wealth suggestions.  
**C.S. Bancroft,**  
 Coatesville, Auckland.

Short, sound and to the point on most critical subjects.  
**R.P Kellow, Papakura,**  
 Auckland.

Short, sharp, informative supplying me and my family information we often know but have glossed over.  
**Paul Thomas, Hamilton.**

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Sincerely

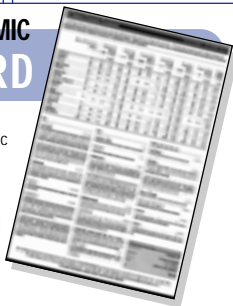


Max Bowden  
 Publisher, Editor in Chief

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The NZ Regional Economic Scoreboard is a quarterly economic indicator, prepared in association with Infometrics Ltd. It ranks the economic performance of NZ's 16 Regional Council areas - produced exclusively for subscribers to **EXECUTIVE HEALTH & WEALTH**.



Keeps me up to date in a good concise way. Reminds me of things I should do eg: Trusts. Reliable news and covers many aspects.  
**Alan Kidd, Ngatea.**

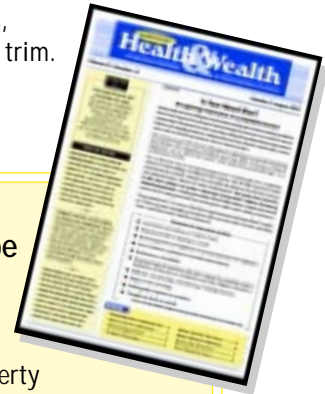
A good variety of information. Brief and to the point.  
**Mrs A.R. McLaren,**  
 Whakatane.

Enjoy reading the business reports and find the tips on health very useful.  
**Paul Van Zyl, Glenavy**  
 Fishing Camp, Waimate.

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